

# Patient Summary

ASTELIN<sup>®</sup> Nasal Spray (azelastine hydrochloride)  
AS-tell-in (A-za-LAS-teen HI-dro-KLOR-ide)

This summary contains important information about ASTELIN. It is not meant to take the place of your doctor's instructions. Please read carefully before you use ASTELIN. Whenever you fill your prescription, read the accompanying summary because it may contain new information. Ask your doctor if you have questions about ASTELIN.

## What is ASTELIN?

ASTELIN is a prescription nasal spray medicine. ASTELIN is an antihistamine proven to relieve symptoms of seasonal allergies in adults and children 5 years and older. In addition, in people 12 years and older, it relieves symptoms caused by environmental irritants such as perfumes, cigarette smoke, exhaust fumes, chemical odors, and cold air. These symptoms include sneezing, itchy or runny nose, stuffy nose, and postnasal drip.

## Who should not use ASTELIN?

If you have experienced an allergic reaction to azelastine or any other ingredient in ASTELIN, do not use this drug. Your doctor can provide a list of these ingredients.

## What should I tell my doctor before I use ASTELIN?

Only your doctor can decide if ASTELIN is right for you. Before you use ASTELIN, tell him/her if you are:

- using other prescription medicines
- using medicines you can buy without a prescription, including natural products and herbal products
- pregnant, think you may be pregnant, plan to become pregnant, or are breastfeeding
- allergic to any medicine

## How do I use ASTELIN?

Spray ASTELIN into your nose. Follow your doctor's instructions regarding when and how often to use it. Before you use ASTELIN, read the "How to Use Instructions" in the package. Do not spray ASTELIN into the eyes.

## How much ASTELIN should I use?

Your doctor will prescribe the dosage that's right for you, or your child, depending on your condition.

## Seasonal Allergic Rhinitis

The recommended dose of Astelin<sup>®</sup> Nasal Spray in adults and children 12 years and older with seasonal allergic rhinitis is one or two sprays per nostril twice daily. The recommended dose of Astelin<sup>®</sup> Nasal Spray in children 5 years to 11 years of age is one spray per nostril twice daily.

## Vasomotor Rhinitis

The recommended dose of Astelin<sup>®</sup> Nasal Spray in adults and children 12 years and older with vasomotor rhinitis is two sprays per nostril twice daily.

Before initial use, the delivery system should be primed with 4 sprays or until a fine mist appears. When 3 or more days have elapsed since the last use, the pump should be reprimed with 2 sprays or until a fine mist appears.

## What are the most common side effects?

Like all medicines, ASTELIN may cause side effects; the most common are:

- bitter taste
- drowsiness
- headache
- nasal inflammation or burning

Tell your doctor if you are experiencing these or any other medical problems while using ASTELIN. For a complete list of side effects, ask your doctor.

**CAUTION:** Some people may feel sleepy when using ASTELIN. If you feel sleepy, avoid activities that require alertness (like driving a car or operating machinery), and do not drink alcoholic beverages or take other medicines that may cause drowsiness.

## What should I do in case of an accidental overdose?

Call your doctor immediately.

## How should I store ASTELIN?

Store at room temperature (68°– 77°F or 20°– 25°C). Do not store in the freezer.

## General information about ASTELIN

Medicines sometimes are prescribed for conditions not mentioned in the patient leaflet. Do not use ASTELIN for a condition for which it was not prescribed. Do not share ASTELIN with other people. You are reading a summary. For more information, consult your doctor, call 1-800-598-4856, or visit [www.astelin.com](http://www.astelin.com).

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